

# MAY | 2023

## Par Excellence Academy



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>1</b> <b>Brunch for Lunch</b> <b>Mini Waffles</b> Sausage Patties Hashbrown Grape Juice Milk</p>	<p><b>2</b> <b>Boneless Chicken Wings</b> Celery Sticks w/ Dip Fruit Cup Pudding Cup Milk</p>	<p><b>3</b> <b>Italian Calzone</b> w/Dipping Sauce Garbanzo Beans Carrot Sticks Fruit Cup Milk</p>	<p><b>4</b> <b>Chicken Drumstick</b> Mashed Potatoes Steamed Corn Flavored Applesauce Milk</p>	<p><b>5</b> <b>Italian Pasta</b> Meat Sauce Fresh Broccoli w/Dip Applesauce Cup Friday Treat Milk</p>
<p><b>8</b> <b>Hot Dog on Bun</b> Carrot Sticks Apple Slices Potato Chips Milk</p>	<p><b>9</b> <b>Pillsbury Cheesy Pull-Apart</b> Refried Beans Steamed Corn Flavored Applesauce Milk</p>	<p><b>10</b> <b>Pizza Hut Pizza</b> Cheese or Pepperoni Fresh Veggies w/Dip Applesauce Cup Milk</p>	<p><b>11</b> <b>Breaded Chicken Patty Sandwich on Bun</b> Steamed Broccoli Peach Cup Milk</p>	<p><b>12</b> <b>Chicken Tenders</b> California Veggies Strawberry Cup Friday Treat Milk</p>
<p><b>15</b> <b>Brunch for Lunch</b> <b>Mini Pancakes</b> Sausage Patties Hashbrown Orange Juice Milk</p>	<p><b>16</b> <b>Walking Taco</b> Taco Meat w/Chips Seasoned Black Beans Sidekick Icee Milk</p>	<p><b>17</b> <b>Mac &amp; Cheese Baked Pretzel</b> Emoji Fries Peach Cup Milk</p>	<p><b>18</b> <b>Chicken Nuggets</b> Green Beans Pear Cup Graham Cracker Treat Milk</p>	<p><b>19</b> <b>French Bread Pizza</b> Cheese or Pepperoni Romaine Salad w/Dressing Applesauce Friday Treat Milk</p>
<p><b>22</b> <b>Dino Chicken Nuggets</b> w/Dipping Sauce Potato Wedges Mixed Fruit Cup Milk</p>	<p><b>23</b> <b>Grilled Cheese Sandwich</b> Waffle Fries Baked Beans Pear Cup Milk</p>	<p><b>24</b> <b>Bosco Sticks</b> Marinara Sauce Fresh Broccoli w/Dip Mixed Fruit Cup Milk</p>	<p><b>25</b> <b>Popcorn Chicken</b> Mixed Veggies Steamed Rice Fruit Cup Fortune Cookie Milk</p>	<p><b>26</b> <b>Dominos Pizza</b> Cheese or Pepperoni Carrot Sticks Fruit Cup Friday Treat Milk</p>
<p><b>29</b>  Enjoy your summer break!!</p>	<p><b>30</b></p>	<p><b>31</b></p>	<p><b>1</b></p>	<p><b>2</b></p>

### News

Breakfast includes 2 grains, milk and a choice of fruit

Monday-Poptart Kit  
Tuesday- Mini Donuts  
Wednesday- Cereal Bar  
Thursday-Honey Bun  
Friday-Muffins

Fresh Carrot Sticks offered Daily

*Breakfast and lunch prepared by Heath City Schools.*

*Menu is subject to change.*

*We cannot guarantee against the presence of trace amount of allergens in the foods contained in this menu.*

*"USDA is an equal opportunity provider"*