



### Known Food Allergies

Par Excellence Academy seeks to provide a safe environment for all its students. PAR understands that peanut and other food allergies present serious dangers to students and have become increasingly common. This policy seeks to reduce the likelihood of accidental exposure allergic reactions and to create a clear action plan should an allergic reaction occur.

#### Emergency Food Allergy Plan

An Emergency Food Allergy Plan (EFAP) shall be created for each student identified with any peanut or other food allergy. The EFAP shall be developed by the student's parents, the student's physician/allergist, and Par Excellence nurse (or other appropriate designee of PAR). A separate EFAP shall be completed for each known peanut or other food allergy, and shall be completed prior to entry into Par Excellence Academy or immediately after the diagnosis. Each EFAP must be reviewed on a yearly basis.

Each EFAP shall contain detailed information about preventative measure to avoid accidental exposure and emergency measures in case the student is exposed to the allergen.

PAR shall share the student's EFAP with Staff members as appropriate.

With the consent of the student's parents (or with the consent of the student, if the student is over eighteen (18) years of age), the School may utilize the EFAP or the information contained therein in its efforts to educate and/or notify classmates and/or classmates parents of the student's peanut or other food allergy.

#### School Responsibilities

Par Excellence Academy shall

- review and maintain all health records and EFAPs submitted by parents and doctors;
- review this policy and prevention plans with core staff members; and
- follow all state/federal laws regarding sharing medical information.

#### Student's Responsibilities

Students with known peanut or other food allergies should take several steps to prevent allergic reactions. Students:

- should not trade food with others;
- should not eat anything with unknown ingredients; and
- identify an adult immediately if they eat something that may contain peanuts or other foods to which they are allergic

#### Parental Responsibilities

The parents of each student with a known peanut or other food allergy shall do each of the following:



- notify the Head Administrator of the known peanut or other food allergy in writing at the beginning of each school year (a sample notification form is included as Form **2250.1**);
- execute an Emergency Medical Authorization Form (included as Form 2410.1 for the student, listing all known peanut or other food allergies in the appropriate section);
- develop an Emergency Food Action Plan;
- provide PAR with all medication(s) to be used in the case of an allergic reaction, along with the completed copy of Form **2230.1**, Medication Request Form, or, if the student will carry and self-administer an EpiPen, shall submit a completed copy of Form **2240.2**, Permission to Carry and Self-Administer Epinephrine Autoinjector; and
- work with the student in managing the students food allergy including reviewing the student's responsibilities listed in this policy, reviewing the weekly lunch menu to identify appropriate foods, establishing a list of "safe foods" which do not contain the known allergen, and discussing the self-discipline that is required at PAR functions and other activities where food is being offered.

*Ohio:* R.C. 3313.719.

*Cross-Reference:* Form 2230.1, Medication Requests Form; Form 2240.2, Permission to Carry and Self-Administer Epinephrine Autoinjector; Form 2250.1, Notification of Known Food Allergy; Policy 2230, Medication Administration; Policy 2240, Student Use of Inhalers and Epinephrine Autoinjectors.