

FALL

Par Excellence Academy



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>18 Brunch for Lunch Mini Pancakes Sausage Patties Hashbrown Orange Juice Milk</p>	<p>19 Walking Taco Taco Meat w/Chips Seasoned Black Beans Sidekick Icee Milk</p>	<p>20 Ham & Cheese Calzone Emoji Fries Peach Cup Milk</p>	<p>21 Chicken Nuggets Green Beans Pear Cup Graham Cracker Treat Milk</p>	<p>22 Pizza Hut Cheese or Pepperoni Salad w/Dressing Carrot Sticks Applesauce Cup Milk</p>
<p>25 Brunch for Lunch Pancake Sausage Wrap Carrot Sticks Hashbrown Circles Fruit Punch Milk</p>	<p>26 Grilled Cheese Sandwich Waffle Fries Baked Beans Pear Cup Milk</p>	<p>27 Stuffed Crust Pizza Cheese or Pepperoni Salad w/Dressing Applesauce Cup Milk</p>	<p>28 Popcorn Chicken Mixed Veggies Steamed Rice Fruit Cup Fortune Cookie Milk</p>	<p>29 Corn Dog Mac & Cheese Steamed Peas Fresh Apple Slices Holiday Treat Milk</p>
<p>1 November Brunch for Lunch Mini Waffles Sausage Patties Hashbrown Grape Juice Milk</p>	<p>2 Boneless Chicken Wings Celery Sticks w/ Dip Fruit Cup Pudding Cup Milk</p>	<p>3 Italian Calzone w/Dipping Sauce Garbanzo Beans Carrot Sticks Fruit Cup Milk</p>	<p>4 Chicken Drumstick Mashed Potatoes Salad w/Dressing Flavored Applesauce Milk</p>	<p>5 Chicken Tenders California Veggies Strawberry Cup States & Capitals Cookies Milk</p>
<p>8 Brunch for Lunch Cinni Minis Sausage Links Hashbrown Triangles Apple Juice Milk</p>	<p>9 Chicken & Cheese Quesadilla Refried Beans Steamed Corn Flavored Applesauce Milk</p>	<p>10 Bosco Sticks Marinara Sauce Carrots w/Dip Mixed Fruit Cup Milk</p>	<p>11 Breaded Chicken Patty Sandwich on Bun Salad w/Dressing Peach Cup Milk</p>	<p>12 Mini Cheeseburgers Smiley Potatoes Celery Sticks Fresh Apple Slices Potato Chips Milk</p>
<p>15 Bunch for Lunch Mini Pancakes Sausage Patties Hashbrown Orange Juice Milk</p>	<p>16 Walking Taco Taco Meat w/Chips Seasoned Black Beans Sidekick Icee Milk</p>	<p>17 Ham & Cheese Calzone Emoji Fries Peach Cup Milk</p>	<p>18 Chicken Nuggets Green Beans Pear Cup Graham Cracker Treat Milk</p>	<p>19 Italian Pasta Meat Sauce Salad w/Dressing Applesauce Cup Milk</p>

News

Breakfast includes 2 grains, milk and a choice of fruit

Monday-Poptart Kit
Tuesday- Mini Donuts
Wednesday- Cereal Bar
Thursday-Honey Bun
Friday-Muffins

Breakfast and lunch prepared by Heath City Schools.

Menu is subject to change.

We cannot guarantee against the presence of trace amount of allergens in the foods contained in this menu.

"USDA is an equal opportunity provider"