

# FALL

## Par Excellence Academy



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>13</b> Brunch for Lunch <b>Cinni Minis</b> Sausage Links Hashbrown Triangles Apple Juice Milk</p>	<p><b>14</b> Chicken &amp; Cheese <b>Quesadilla</b> Refried Beans Celery w/Dip Flavored Applesauce Milk</p>	<p><b>15</b> Bosco Sticks Marinara Sauce Carrots w/Dip Mixed Fruit Cup Milk</p>	<p><b>16</b> Breaded Chicken Patty <b>Sandwich on Bun</b> Broccoli w/Dip Peach Cup Milk</p>	<p><b>17</b> Mini Cheeseburgers Smiley Potatoes Fresh Apple Slices Potato Chips Milk</p>
<p><b>20</b> Brunch for Lunch <b>Mini Pancakes</b> Sausage Patties Hashbrown Orange Juice Milk</p>	<p><b>21</b> Totally Taco <b>Snack Bites</b> Seasoned Black Beans Sidekick Icee Milk</p>	<p><b>22</b> Ham &amp; Cheese <b>Calzone</b> Emoji Fries Peach Cup Milk</p>	<p><b>23</b> Chicken Nuggets Broccoli w/Dip Peach Cup Graham Cracker Treat Milk</p>	<p><b>24</b> <b>No School</b></p>
<p><b>27</b> Brunch for Lunch <b>Pancake Sausage Wrap</b> Carrot Sticks Hashbrown Circles Fruit Punch Milk</p>	<p><b>28</b> Grilled Cheese <b>Sandwich</b> Waffle Fries Peach Cup Milk</p>	<p><b>29</b> Pizza Hut Cheese or Pepperoni Salad w/Dressing Applesauce Cup Milk</p>	<p><b>30</b> Popcorn Chicken Celery Sticks w/Dip Fruit Cup Fortune Cookie Milk</p>	<p><b>1</b> Corn Dog Baked Beans Fresh Apple Slices Rice Krispies Treat Milk</p>
<p><b>4</b> Brunch for Lunch <b>Mini Waffles</b> Sausage Patties Hashbrown Grape Juice Milk</p>	<p><b>5</b> Boneless Chicken Wings Celery Sticks w/ Dip Fruit Cup Pudding Cup Milk</p>	<p><b>6</b> Italian Calzone W/Dipping Sauce Garbanzo Beans Carrot Sticks Fruit Cup Milk</p>	<p><b>7</b> Chicken Drumstick Wedge Potatoes Flavored Applesauce Milk</p>	<p><b>8</b> Chicken Tenders Broccoli w/Dip Strawberry Cup States &amp; Capitals Cookies Milk</p>
<p><b>11</b> Brunch for Lunch <b>Cinni Minis</b> Sausage Links Hashbrown Triangles Apple Juice Milk</p>	<p><b>12</b> Chicken &amp; Cheese <b>Quesadilla</b> Refried Beans Celery w/Dip Flavored Applesauce Milk</p>	<p><b>13</b> Bosco Sticks Marinara Sauce Carrots w/Dip Mixed Fruit Cup Milk</p>	<p><b>14</b> Breaded Chicken Patty <b>Sandwich on Bun</b> Broccoli w/Dip Peach Cup Milk</p>	<p><b>15</b> Mini Cheeseburgers Smiley Potatoes Fresh Apple Slices Potato Chips Milk</p>

### News

Breakfast includes 2 grains, milk and a choice of fruit

Monday-Poptart Kit  
Tuesday- Mini Donuts  
Wednesday- Cereal Bar  
Thursday-Honey Bun  
Friday-Muffins

*Breakfast and lunch prepared by Heath City Schools.*

*Menu is subject to change.*

*We cannot guarantee against the presence of trace amount of allergens in the foods contained in this menu.*

*"USDA is an equal opportunity provider"*