



# DECEMBER | 2021

## Par Excellence Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 <b>No School</b>	30 <b>Boneless Chicken Wings</b> Celery Sticks w/ Dip Fruit Cup Pudding Cup Milk	1 <b>Italian Calzone</b> w/Dipping Sauce Garbanzo Beans Carrot Sticks Fruit Cup Milk	2 <b>Chicken Drumstick</b> Mashed Potatoes Fresh Broccoli w/Dip Flavored Applesauce Milk	3 <b>Chicken Tenders</b> California Veggies Strawberry Cup States & Capitals Cookies Milk
6 <b>Brunch for Lunch</b> <b>Cinni Minis</b> Sausage Links Hashbrown Triangles Apple Juice Milk	7 <b>Chicken &amp; Cheese</b> <b>Quesadilla</b> Refried Beans Steamed Corn Flavored Applesauce Milk	8 <b>Bosco Sticks</b> Marinara Sauce Carrots w/Dip Mixed Fruit Cup Milk	9 <b>Breaded Chicken Patty</b> <b>Sandwich on Bun</b> Steamed Broccoli Peach Cup Milk	10 <b>Mini Cheeseburgers</b> Smiley Potatoes Celery Sticks Fresh Apple Slices Potato Chips Milk
13 <b>Bruch for Lunch</b> <b>Mini Pancakes</b> Sausage Patties Hashbrown Orange Juice Milk	14 <b>Walking Taco</b> Taco Meat w/Chips Seasoned Black Beans Sidekick Icee Milk	15 <b>Ham &amp; Cheese</b> <b>Calzone</b> Emoji Fries Peach Cup Milk	16 <b>Chicken Nuggets</b> Green Beans Pear Cup Holiday Treat Milk	17 <b>Italian Pasta</b> Meat Sauce Fresh Broccoli w/Dip Applesauce Cup Milk
20 <b>No School</b> <b>Holiday Break</b>	21 <b>No School</b> <b>Holiday Break</b>	22 <b>No School</b> <b>Holiday Break</b>	23 <b>No School</b> <b>Holiday Break</b>	24 <b>No School</b> <b>Holiday Break</b>
27 <b>No School</b> <b>Holiday Break</b>	28 <b>No School</b> <b>Holiday Break</b>	29 <b>No School</b> <b>Holiday Break</b>	30 <b>No School</b> <b>Holiday Break</b>	31 <b>No School</b> <b>Holiday Break</b>

### News

Breakfast includes 2 grains, milk and a choice of fruit

Monday-Poptart Kit  
Tuesday- Mini Donuts  
Wednesday- Cereal Bar  
Thursday-Honey Bun  
Friday-Muffins

*Breakfast and lunch prepared by Heath City Schools.*

*Menu is subject to change.*

*We cannot guarantee against the presence of trace amount of allergens in the foods contained in this menu.*

*"USDA is an equal opportunity provider"*